



Dear Athletic Professional,

Western Missouri Medical Center (WMMC) and the University of Central Missouri (UCM) Department of Nutrition and Kinesiology would like to formally invite you to attend our Second Annual Sports Medicine Seminar with an emphasis on pediatrics on Wednesday, July 17, 2019.

This event will feature local experts from WMMC's Sports Medicine and Orthopedic team as well as presentations/labs from UCM experts!

2nd Annual Sports Medicine Seminar (Emphasis on Pediatrics) WEDNESDAY, JULY 17, 2019 Union Room 236 | University of Central Missouri Registration: 8:00 – 8:15 am Seminar: 8:15am – 2:00 pm

Cost: \$20/attendee (groups of 4+ receive discounted pricing at \$15/attendee), includes lunch.

8:00 – 8:15am	Registration	
8:15am	Welcome	Dr. Brian Hughes
8:20 – 8:45am	Apophyseal Injuries	Dr. David Glover
8:45 – 9:10am	Concussion Return to Play	Dr. Dana Brewington
9:10 – 9:35am	Sport Specialization	Dr. Drew Glover
9:35 – 9:45am	10-MIN BREAK	
9:45 – 10:10am	Shoulder Dislocation	Dr. Aaron Rupp
10:10 – 10:35am	Panel Discussion	
10:35 – 10:45am	10-MIN BREAK	
10:45 – 11:45am	Athlete Nutrition	Jessica Burgess, RD, LD
11:45 – 11:55am	TRAVEL TO LUNCH	
11:55am	Networking Lunch (food provided with registration costs)	
12:10pm	Motivational Speaker	Coach Dave Slifer
12:25pm	TRAVEL TO LAB	
12:30 – 1:25pm	Functional Movement Screening	Dr. Greg Williams, ATC, CSCS
1:25 – 1:50pm	Acute Injury Decision Making	Dr. Brian Hughes
1:50 – 2:00pm	Final Remarks	

To register, visit <u>wmmc.com/sportsmedseminar</u>. Following your registration, a representative from WMMC will contact you with follow-up information and payment. We hope to see you at this event that is sure to support your student athletes! <u>If you have any additional questions, please contact Jennie</u> <u>Snapp at jsnapp@wmmc.com.</u>

Thank you!

The WMMC and UCM Teams