



Dear Athletic Professional,

Western Missouri Medical Center (WMMC) and the University of Central Missouri (UCM) Department of Nutrition and Kinesiology would like to formally invite you to attend our Second Annual Sports Medicine Seminar with an emphasis on pediatrics on Wednesday, July 17, 2019.

This event will feature local experts from WMMC's Sports Medicine and Orthopedic team as well as presentations/labs from UCM experts!

2nd Annual Sports Medicine Seminar (Emphasis on Pediatrics) WEDNESDAY, JULY 17, 2019 Union Room 236 | University of Central Missouri Registration: 8:00 – 8:15 am Seminar: 8:15am – 2:00 pm

Cost: \$20/attendee (groups of 4+ receive discounted pricing at \$15/attendee), includes lunch.

| 8:00 – 8:15am | Registration | |
|-----------------|----------------------------------------------------------|------------------------------|
| 8:15am | Welcome | Dr. Brian Hughes |
| 8:20 – 8:45am | Apophyseal Injuries | Dr. David Glover |
| 8:45 – 9:10am | Concussion Return to Play | Dr. Dana Brewington |
| 9:10 – 9:35am | Sport Specialization | Dr. Drew Glover |
| 9:35 – 9:45am | 10-MIN BREAK | |
| 9:45 – 10:10am | Shoulder Dislocation | Dr. Aaron Rupp |
| 10:10 – 10:35am | Panel Discussion | |
| 10:35 – 10:45am | 10-MIN BREAK | |
| 10:45 – 11:45am | Athlete Nutrition | Jessica Burgess, RD, LD |
| 11:45 – 11:55am | TRAVEL TO LUNCH | |
| 11:55am | Networking Lunch (food provided with registration costs) | |
| 12:10pm | Motivational Speaker | Coach Dave Slifer |
| 12:25pm | TRAVEL TO LAB | |
| 12:30 – 1:25pm | Functional Movement Screening | Dr. Greg Williams, ATC, CSCS |
| 1:25 – 1:50pm | Acute Injury Decision Making | Dr. Brian Hughes |
| 1:50 – 2:00pm | Final Remarks | |

To register, visit <u>wmmc.com/sportsmedseminar</u>. Following your registration, a representative from WMMC will contact you with follow-up information and payment. We hope to see you at this event that is sure to support your student athletes! <u>If you have any additional questions, please contact Jennie</u> <u>Snapp at jsnapp@wmmc.com.</u>

Thank you!

The WMMC and UCM Teams