

WMMC Instructions for your Colonoscopy

A Nurse from Western Missouri Medical Center will call you prior to your scheduled COLONOSCOPY to go over your health history and your current medications.

This pre-procedure call is scheduled for: _____. If you are unable to take this call, you will need to call the scheduling office to reschedule: 660-747-2500 EXT: 7370.

COVID TEST ON _____

Your COLONOSCOPY is scheduled for: _____

Please arrive at Western Missouri Medical Center at the Emergency Room entrance when they call to give you a time.

TIMES MAY CHANGE DUE TO OTHERS CANCELING, SO WHEN CALLED THE AFTERNOON BEFORE MAY BE ASKED TO MOVE ARRIVAL TIME UP

YOU WILL NEED SOMEONE TO DRIVE YOU HOME AFTER THE PROCEDURE DUE TO ANESTHESIA RECEIVED.

Pick up the prescription for the SU-PREP/TAB from your pharmacy several days before your scheduled colonoscopy. Review the instructions for taking the prep.

THE DAY BEFORE YOUR SCHEDULED COLONOSCOPY ON THE _____ ***NO FOOD/NO DAIRY***

Only drink CLEAR liquids, no solid food, and begin your prep. Examples of the clear liquids you can drink are:

| | |
|------------------------------------|----------------------------------|
| Water | Jell-O Lemon or Lime (no red) |
| Coffee (no milk or cream) | Juice without pulp |
| Tea (no milk or cream) | Kool-Aid (no red) |
| Soda (no red) | Popsicles (no red) |
| Broth (beef, chicken or vegetable) | Crystal Light or Similar Product |

USE DIRECTIONS BELOW. DO NOT FOLLOW DIRECTIONS ON BOX

*Begin drinking the first bottle of SU-PREP/TAB and water at 6pm.

*Second bottle of SU-PREP/TAB and water at Midnight.

*YOU MUST FINISH ALL THE PREP SOLUTION.

After you have finished the prep, you may continue to drink clear liquids up until 4 hours prior to your procedure.

NOTHING BY MOUTH AFTER _____

Please stop any blood thinning medications, Aspirin, and vitamins 5 days prior to your procedure.

DATE TO STOP ABOVE MEDICATIONS _____

IF YOU NEED TO RESCHEDULE OR CANCEL YOUR COLONOSCOPY PLEASE CALL 660-747-5558